



## Performance: trainers and the CDU

### Overview

The Career Development Unit provides an advice service and guidelines for trainers and employers who may be responsible for the professional competence and development of a doctor or dentist in training who has run into difficulty.

Employing trusts are also involved if trainees run into difficulty and may be interested in the guidance for trainers.

Helping a trainee who is in difficulty is often a challenge and requires time. A trainer in this situation may need to make some adjustments to create opportunities for personal observation of the trainee, keeping accurate training records and enlisting the help of others in the department. The district clinical tutor or clinical director should be the first point of contact for advice and support.

What to expect from the CDU includes guidance on the sort of information the CDU will need a trainer to collate in order to work with the CDU

Writing a formal report gives guidance on how to write a formal report on trainee performance, which may be needed if the GMC, GDC, or courts become involved.

Managing trainee performance has links to assessment tools, guidance for managing F2s,

CDU help flowchart