



Performance coaching for trainees

Overview

Many doctors and dentists in training have difficulty demonstrating the required competencies to progress to the next stage in their training. Sometimes this is because of exam failure and sometimes because of performance at work which does not reach the level expected for their stage in training. It is important for them to listen carefully to feedback from their trainer, and to understand in detail what the concerns are.

Trainers may refer their trainees to the Career Development Unit and this should be seen by trainees as a valuable opportunity to get some personal coaching in order to get back on track.

How the CDU can help

CDU help flowchart

Case study: paediatric SHO

Case study: SpR surgery

FAQs on trainer referrals