



## Health: doctors and dentists - resources

### CDU guidance

If you have to make adjustments to your career because of ill health or a disability, the Career Development Unit can offer career guidance and resources. Self-refer on [cdu@oxford-pgmde.co.uk](mailto:cdu@oxford-pgmde.co.uk).

### National organisations

The National Counselling Service for Sick Doctors gives a list of national organisations that doctors and dentists in difficulty can approach:

[Download full list](#)

### Help for doctors in training

Medic Support offers confidential staff support to doctors in training in the Oxford deanery who can self-refer or who are referred by their clinical tutors and others. They are particularly able to help with a range of emotional or mild mental health problems

Contact:

June Dent, Consultant Clinical Psychologist  
(01865 223924)

Email: [june.dent@oxmhc-tr.nhs.uk](mailto:june.dent@oxmhc-tr.nhs.uk)

Philip Roys, Consultant Adult Psychotherapist  
(01865 556648)

Email: [philip.roys@oxmhc-tr.nhs.uk](mailto:philip.roys@oxmhc-tr.nhs.uk)